

MON	TUES	WED	THURS	FRI	SAT
9.00AM- REFORMER	9.00AM- VITUAL MAT	9.00PM- MIXED ABILTY MAT	9.00AM- VITUAL MAT	9.00AM- REFORMER	9.00AM- REFORMER
10.00AM- REFORMER	10.00PM- SEMI /PRIVATE	10.00AM- MIXED ABILTY MAT		10.00AM- REFORMER	10.00AM- SEMI/PRIVATE
11.00AM ACTIVE AGING MAT	11.00AM- SEMI / PRIVATE	11.00AM- ACTIVE AGING MAT		11:00AM- SEMI / PRIVATE	11:00AM- SEMI / PRIVATE
	12.00PM- SEMI/ PRIVATE			12:00PM SEMI /PRIVATE	
3.00PM- SEMI /PRIVATE		3.30PM- SEMI/PRIVATE			
4.00PM- SEMI /PRIVATE		4.30PM- SEMI/PRIVATE			
5.00PM- SEMI/ PRIVATE		5.30PM- REFORMER			
6.00PM- REFORMER	6.00PM MIXED ABILITY MAT	6.30PM MIXED ABILITY MAT			
7.00PM- REFORMER	7.00PM MIXED ABILITY MAT				